

HERO

SEASON 6



TEAM PLACEMENTS
MAY 22-25, 2023

www.hero-athletics.com
info@hero-athletics.com



2023-2024

WELCOME TO HERO!

Welcome to the Hero Athletics Family!

Season 6 is shaping up to be our best year yet! In a sport that is constantly evolving, we are looking forward to a season of big energy and big goals for all our athletes and teams. Our gym is experiencing significant growth, and we are committed to creating and building strong teams that will be successful on the national competition stage. We are adapting some of our programming to better keep up with our diversifying needs.

Athletes entering or continuing in our prep program are set up to learn and grow in a fun and focused environment, without the higher stakes of the elite scoresheet. Our goal is to give them each a very strong foundation for a bright future in this sport.

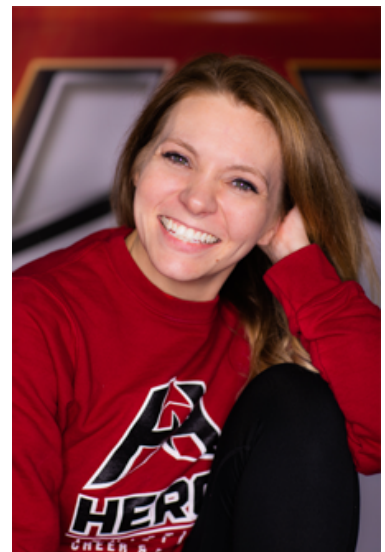
We are as committed as ever to help your athletes learn and grow this season and for many years to come. If you are new to our program, Welcome! If you are back for another year with us, we thank you for entrusting your children and their growing love for all-star cheer to our staff.

In partnership,

HALLIE NEWTON

Owner

Hallie@hero-athletics.com



IGNORE THIS COLUMN



USE THE
YEAR OF BIRTH



USASF All Star Cheer PREP TIER Divisions 2023-24						
Level	Division	Approximate Ages		Eligibility by Birth Year	Gender	Team Size
1.1	Tiny	6-7 years old		2016-2018	Female/Male	5-30 Members
1.1	Mini	7-9 years old		2014-2017	Female/Male	5-30 Members
1.1	Youth	8-12 years old		2011-2016	Female/Male	5-30 Members
1.1	Junior	9-15 years old		2008-2015	Female/Male	5-30 Members
1.1	Senior	12-19 years old		6/1/04-2012	Female/Male	5-30 Members
2.1	Mini	7-9 years old		2014-2017	Female/Male	5-30 Members
2.1	Youth	8-12 years old		2011-2016	Female/Male	5-30 Members
2.1	Junior	9-15 years old		2008-2015	Female/Male	5-30 Members
2.1	Senior	12-19 years old		6/1/04-2012	Female/Male	5-30 Members
2.2	Mini	7-9 years old		2014-2017	Female/Male	5-30 Members
2.2	Youth	8-12 years old		2011-2016	Female/Male	5-30 Members
2.2	Junior	9-15 years old		2008-2015	Female/Male	5-30 Members
2.2	Senior	12-19 years old		6/1/04-2012	Female/Male	5-30 Members
3.1	Youth	8-12 years old		2011-2016	Female/Male	5-30 Members
3.1	Junior	9-15 years old		2008-2015	Female/Male	5-30 Members
3.1	Senior	12-19 years old		6/1/04-2012	Female/Male	5-30 Members
3.2	Youth	8-12 years old		2011-2016	Female/Male	5-30 Members
3.2	Junior	9-15 years old		2008-2015	Female/Male	5-30 Members
3.2	Senior	12-19 years old		6/1/04-2012	Female/Male	5-30 Members

Levels listed in X.Y format follow Level X rules for Building Skills (Stunts, Pyramids, Dismounts, & Tosses) and Level Y rule for Tumbling Skills. Example: Level 2.1 follows Level 2 building rules with Level 1 tumbling rules.

FINANCIAL POLICIES



When you join a full year team at Hero Athletics, you are committing to an entire season. **You are responsible for paying tuition June 2023 through April 2024.** We do not prorate tuition for holidays or closures. We do not charge for additional practices that may be added as necessary throughout the year. We do not prorate your tuition if your athlete is not able to attend practice or does not attend the required tumbling class.

Tuition is due on the first of each month. Team fees are due on the 15th of each month. All families are required to have a valid card on file. Charges are put on your account 10 days before they are due. You may choose to pay with whatever method you choose prior to these due dates. Auto-pay will be run on the 1st and 15th. A late fee of **\$25** will be applied to any account with a balance on their account after the 5th and 20th of each month.

Fees for assessments are estimates. Once teams are set, and vendors release their pricing, the fees will be finalized.

There are no refunds. If you choose to leave our program for any reason, you must give us a 30 day notice in writing and are responsible for paying all fees due during that time period. If you leave our program for any reason after choreography, there is a rechoreography fee of \$200.

Beginning September 1, there will be a **\$25** fee for any absence.

PAY IN FULL

If you wish to pay for the season in full, there is a 10% discount on the tuition portion of your season. Payment for tuition and all team fees must be received by July 1st to take advantage of this discount.

EXPECTED COSTS

TEAM FEES

Full Year Prep Team Fee: **\$325** – Due before first practice

Includes: Annual registration fee, regular season team swag, training fees, equipment fees, continuing education fees, etc.

USASF membership - **\$49** - **Paid directly to USASF in June**

TUITION

Prep team Tuition: **\$199**

(11 monthly installments, June 1 – April 1)

Includes 3 hours of weekly team practice time

Any additional classes are **50% off** for all full-year team athletes

Sibling discount of 20% on team tuition only for each additional child.

Crossover Tuition: **\$65/month**

ASSESSMENT FEES

Camps, Choreography & Music - **\$400**

OPTIONAL - Tumbling/Jumps/Flex Camp June 27-29 - \$135

Apparel Package: **\$165+tax** – 1 set of camp practicewear, tank, tee,

Uniform: Approximately **\$300+tax**

Deposit due in June. Balance due in August.

Competition Fees: **\$700**

IA junior/senior prep team MAY travel to the Regional Summit in Phoenix in April. This will be an additional cost of approximately \$300 per athlete, not including travel expenses.

MONTHLY BREAKDOWN

NEW ATHLETES

ASSESSMENT FEES LISTED ARE
ESTIMATES

MAY/JUNE

\$325 - Annual Team Fee
\$49 - USASF Membership

DECEMBER

1st	\$199	Team Tuition
15th	\$160	Team Fee #7

JUNE

1st -	\$199	Team tuition
15th -	\$160	Team Fee #1
15th -	\$150+tax	Uniform Dep.

JANUARY

1st -	\$199	Team tuition
15th -	\$160	Team Fee #8

JULY

1st -	\$199	Team tuition
15th -	\$160	Team Fee #2

FEBRUARY

1st -	\$199	Team tuition
15th -	\$150	Reg Summit Fee #1

AUGUST

1st -	\$199	Team tuition
15th -	\$160	Team Fee #3
15th -	\$150+tax	Uniform Bal.

MARCH

1st -	\$199	Team tuition
15th -	\$150	Reg Summit Fee #2

SEPTEMBER

1st -	\$199	Team tuition
15th -	\$160	Team Fee #4

APRIL

1st -	\$199	Team tuition
-------	-------	--------------

OCTOBER

1st -	\$199	Team tuition
15th -	\$160	Team Fee #5

NOVEMBER

1st -	\$199	Team tuition
15th -	\$160	Team Fee #6

REGIONAL SUMMIT

Junior/Senior Prep Teams MAY attend the Regional Summit event in Phoenix in April to end the season. This will be approximately \$300 in competition and coaches fees, plus the cost of travel.

COMPETITIONS

Our competition schedule will be finalized in the beginning of September. Below is a list of options we are considering. We will attend between 3-4 of these events.

POSSIBLE COMPETITION OPTIONS

December 16 – ATC - Kent

January 13-14 – Aloha – Portland

January 26-28 – ATC - Bellevue

February 9-10 – Clash of the Titans - Tacoma

March 9-10 – PacWest – Portland

April 6-7 - Sea To Sky - Vancouver, BC



For any competitions that travel out of state, you **WILL** have designated travel dates. You must travel during the designated dates. **If you book dates outside of these required travel times, you will be required to change those dates at your own expense.**

Expect that your child will be required to miss several days of school to travel to competitions. Your child may not miss practice after a travel competition because they have to catch up on schoolwork.

CAMP DATES & SCHEDULE



May 29	Memorial Day - Gym Closed
May 30-June 2	Limited Class Schedule Team Orientation - Required for athlete & parent
June 5	Leveled Practices Start
June 18	Teams Set
June 27-29	Optional Tumbling/Jumps/Flex Camp
July 1-8	Gym Closed for 4th of July
Sept 1-4	Gym Closed for Labor Day
November 18	Showcase - Elite Teams (Tentative)
November 22-26	Thanksgiving Break
Dec 22 - Jan 1	Winter Break

We do not close or take time off for school closures between January-May. We will have practice on President's Day, mid-winter break, and spring break.

Prep teams will have a skills camp in the early fall. We will also be doing a late-season showcase in March or April with the entire competitive program. Dates for both of these are TBD.

ATTENDANCE POLICIES

This is a truly a team sport - regular, consistent attendance is absolutely crucial for the success of our teams. We ask that you do your best to schedule travel during school breaks and work around our summer camp and choreography schedule whenever possible. We are flexible with attendance during the summer months before routine choreography and during the December holiday season.

Your mid-winter and spring breaks will fall in the midst of peak competition season, and your athlete may not miss practice during this time for family vacations.

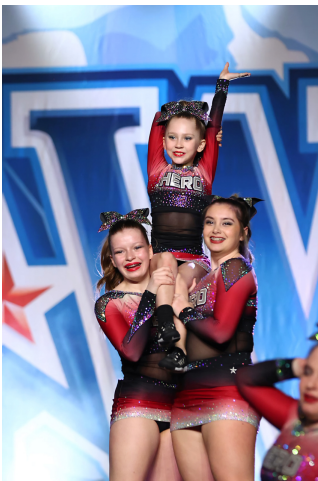
After routine choreography, your athlete is expected to be at every practice unless they are ill, at a doctor appointment, or have a grade-related school function.

UNEXCUSED ABSENCES

- Birthday dinners
- Too much homework
- Family in town visiting
- Transportation issues
- Being tired

EXCUSED ABSENCES

- Fever
- Vomiting
- Contagious Illness
- Family emergency
- Grade-related school functions



EXPECTED COSTS - BIG HERO 6

ATHLETES BORN 5/31/2006 OR BEFORE



SEASON FEES - PREVIOUS BALANCES MUST BE PAID IN FULL FIRST

Team Fee - **\$125** - Due before first practice

USASF membership - **\$49** - **Paid directly to USASF, plus cost of background check if applicable**

TUITION

Tuition - ~~\$295~~ - **\$100**

(11 monthly installments, June 1 – April 1)

Expect 2-3 practices per week

ASSESSMENT FEES - DEPOSIT OF \$500 DUE JULY 1

Choreography & Music: **\$400** - **Approximately August 12-15**

Camps - **\$200** - Skills camp and cleanup camp

Apparel Package: **\$185+tax** – 1 set of practicewear in summer, tee, tank, Hoodie

Uniform: **\$660+tax or purchase previously worn uniforms**

Competition Fees: **\$1000-**

*this is an ESTIMATE ONLY, see below for possible competitions

December 16 - ATC Kent - First performance

January 28-29 - ATC - Bellevue

February 3-4 - Duel in the Desert - Palm Springs

March 2-3 - NCA - Dallas or Cheersport

March 9-10 - PacWest- Portland

Worlds Fees: **\$500**

*includes choreography upgrades, coaches fees and team apparel

Does NOT include flight, hotel or commuter pass/travel package